

Lacrosse Training Camp • Exclusively taught by college coaches
Girls

whirlwind

Expect the Best

at Sand Storm Lacrosse Festival

Friday **Jan 18, 2019**

Empire Polo Club

9:00 - 5:00

81800 Avenue 51 • Indio, CA • 92201

\$ 450 **\$ 250**
Full day Half day option

Camp is open to any and all participants in
Grad Years

2019 - 2023

Stephy Samaras Mantziaras
Camp Director

Former Richmond Head Coach • Virginia '00 • All American

Focus

- refine individual & game skills
- advanced lacrosse concepts
- raise your LAX IQ

Simulate a collegiate practice & scrimmages conducted solely by college coaches.

The exceptional player within you will be challenged to achieve your highest potential in competition.

Individual skills and techniques will be presented in small group instruction & on-the-field team competition.

Limited enrollment • athletes accepted in order of registration

College Programs Represented : These coaches will be onsite to teach & watch you grow YOUR game.



Stephy Samaras Mantziaras • 443 822 9894 • stephy@synapsesports.com

Sarah Digby • 410 573 1414 x 105 • sarah@synapsesports.com